**Evanston/Skokie School District 65**

Dear Parent/Guardian,

In the next few weeks we will begin our Human Body & Sexual Health unit. This unit of study is to make students aware of the importance of developing proper attitudes towards their sexuality. It is also to use the knowledge gained to be able to make prudent and moral decisions that will enable them to become well-informed and responsible citizens.

We will be covering topics such as male/female body parts, the menstrual cycle, conception, and fetal development, which are topics that were previously covered in 5th grade. In addition to reviewing these topics, we will also discuss topics such as emotional development and social relationships, appropriate communication about sexuality, body image and the media, and the development of healthy personal skills.

Please be advised that these can be sensitive issues for teens. Active participation and maturity are required so that students can feel comfortable talking about these issues with their peers, and more importantly, with you.

If you have any questions about the curriculum, please contact your child’s science teacher.

If for some reason you desire not to have your child participate in the unit of study, **please send us a written letter indicating this desire.**  An alternative assignment will be given to your child. Please sign the bottom of this form and return it to your child’s science teacher.

Sincerely,

Shannon Dangerfield – [dangerfields@district65.net](mailto:dangerfields@district65.net)

Andrew Hagen – [hagena@district65.net](mailto:doesimkinsl@district65.net)

Kristie Rachell – [rachellk@district65.net](mailto:rachellk@district65.net)

7th Grade Science Teachers

* Yes, I give my child permission to participate in the Human Body & Sexual Health Unit.
* No, I do not give my child permission to participate in the Human Body & Sexual Health Unit. **I have enclosed my written letter explaining this.**

Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**SEXUAL HEALTH STUDENT CONTRACT**

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

During this unit, you will be studying different aspects of your sexual health. Some of these things you learn in this unit may seem gross or funny at first, but they are all important scientific facts that everyone needs to know!

**The behavior expectations for this unit are:**

* Always use the scientific word for any body part, disease, sexual orientation, or anything else. If you do not know the scientific word, you may use the “slang” word ONLY ONCE to ask. Thereafter, you should use the appropriate terms.
* Remember that the information presented is scientific in nature. You might be embarrassed to discuss these topics at first, and laughing/giggling is an acceptable response. After a few days practice however, you should be used to the new terms so that giggling is no longer needed.
* If you feel like you cannot ask a question in front of the class, either because you are embarrassed or because you think you might giggle, use the **Anonymous Question Box.** This should be used for appropriate questions only.
* Do not share any personal stories and do not ask your teacher or any other students any personal questions. If you have a question about a specific situation, put it in the **Anonymous Question Box.** This should be used for appropriate questions only.

**What is the Anonymous Question Box?**

Your teacher has a box located in your classroom for you to submit questions that you cannot ask out loud in class, either because you are embarrassed or because you think you might giggle. You may submit any question, and no one will know who asked it. Your teacher may then answer these questions during class time.